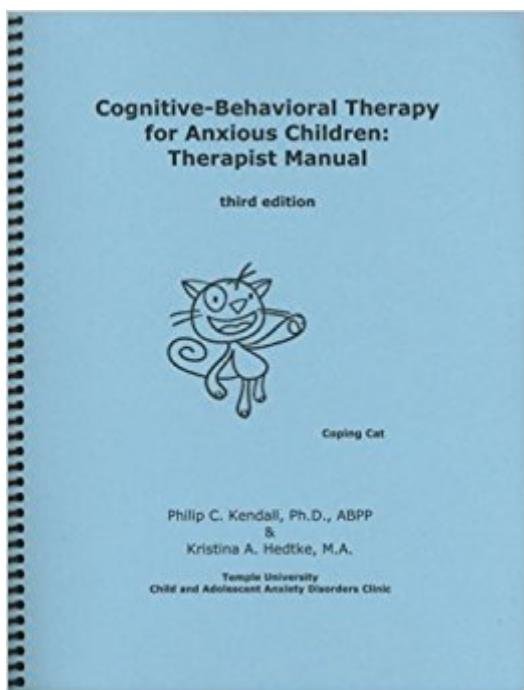


The book was found

# Cognitive-Behavioral Therapy For Anxious Children: Therapist Manual, Third Edition



## **Synopsis**

This therapist manual provides an overview of the general strategies used in the treatment of anxiety in children. The treatment manual is coordinated with the revised Coping Cat Workbook by the same authors; There is a chapter devoted to each of the sixteen therapy sessions that appear in the Coping Cat Workbook;, with explanations of and a rationale for the activities. Of applied interest, practicing therapists have provided tips for the newer therapist working with the anxious youth. Also provided is a description of strategies for dealing with potential difficulties (e.g., noncompliance).

## **Book Information**

Spiral-bound: 104 pages

Publisher: Workbook Publishing; 3rd edition (2006)

Language: English

ISBN-10: 1888805226

ISBN-13: 978-1888805222

Product Dimensions: 0.5 x 8.8 x 11 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 13 customer reviews

Best Sellers Rank: #24,446 in Books (See Top 100 in Books) #11 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry > Child #26 in Books > Textbooks > Medicine & Health Sciences > Medicine > Education & Training #38 in Books > Medical Books > Medicine > Reference > Education & Training

## **Customer Reviews**

Great manual for new practitioners. I would say that it is best for middle childhood. Like the flexibility the manual offers.

It's a tried and true approach to structured cbt sessions with kids and it still holds up, as long as you are able to modify the techniques appropriately for the number of sessions you have with a given pt (16 is not always feasible).

This is the therapist's manual to the Coping Cat manual. It is broken down by session number and helps you prepare for the next session. It includes tips from other clinicians. It suggests activities, but does not closely follow the activities in the actual Coping Cat manual. As an intern using a manualized treatment for the first time, I appreciate the easy and quick read and it helps me feel

that I have a good working plan for my patient.

Helpful and effective.

Cognitive behavioral therapy (CBT) has excellent data for efficacy in pediatric anxiety disorders. The Coping Cat method developed by Dr. Kendall is the one used in the majority of studies. This is the Coping Cat manual, very quick to read and well structured.

This book is excellent for therapists that practice cognitive behavioral techniques. It is easy to follow and has clear suggestions that are easily incorporated into practice.

This program is excellent for my work with anxious children. I wish you had it in Spanish, since I live and work in Mexico!!

Great lessons.

[Download to continue reading...](#)

Cognitive-Behavioral Therapy for Anxious Children: Therapist Manual, Third Edition Cognitive Behavioral Therapy (CBT): A Complete Guide To Cognitive Behavioral Therapy - A Practical Guide To CBT For Overcoming Anxiety, Depression, Addictions ... Phobias, Alcoholism, Eating disorder) Managing Chronic Pain: A Cognitive-Behavioral Therapy Approach Therapist Guide (Treatments That Work) Treating Psychosis: A Clinician's Guide to Integrating Acceptance and Commitment Therapy, Compassion-Focused Therapy, and Mindfulness Approaches within the Cognitive Behavioral Therapy Tradition Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) When Children Refuse School: A Cognitive-Behavioral Therapy Approach Parent Workbook (Treatments That Work) Making Cognitive-Behavioral Therapy Work, Second Edition: Clinical Process for New Practitioners Managing Tourette Syndrome A Behavioral Intervention for Children and Adults Therapist Guide [Treatments That Work] by Woods, Douglas W., Piacentini, John, Chang, Susanna, Deckers [Oxford University Press, USA,2008] [Paperback] Managing Tourette Syndrome: A Behavioral

Intervention for Children and Adults Therapist Guide (Treatments That Work) Dreeben-Irimia's Introduction To Physical Therapist Practice For Physical Therapist Assistants Handbook of Cognitive-Behavioral Therapies, Third Edition The Mindfulness Workbook for OCD: A Guide to Overcoming Obsessions and Compulsions Using Mindfulness and Cognitive Behavioral Therapy (New Harbinger Self-Help Workbooks) Cognitive Behavioral Therapy: A Psychologist's Guide to Overcome Anxiety, Depression, & Negative Thought Patterns: Psychology Self-Help, Book 5 Managing Chronic Pain: A Cognitive-Behavioral Therapy Approach Workbook (Treatments That Work) Cognitive Behavioral Therapy: 7 Steps to Freedom from Anxiety, Depression, and Intrusive Thoughts (Happiness is a trainable, attainable skill! Book 1) Cognitive-Behavioral Therapy for Adult ADHD: Targeting Executive Dysfunction Dark Psychology 202: The Advance Secrets Of Psychological Warfare, Dark NLP, Dark Cognitive Behavioral Therapy, Super Manipulation, Kamikaze Mind Control, Stealth Persuasion And Human Psychology 202 Overcoming Eating Disorders: A Cognitive-Behavioral Therapy Approach for Bulimia Nervosa and Binge-Eating Disorder (Treatments That Work)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)